

## CLEANING GUIDE

Spring is here, and Summer is on its way. This is the ideal time to check on the best practice for Cleaning and Sanitising your Montessori Centre.

### Let's start at the beginning:

What is the difference between **CLEANING** and **SANITISING**?

- **CLEANING** is carried out to remove soilage which can contain such contaminants as faeces, vomit, urine, sputum or partially masticated foods. These biological contaminants contain fats, proteins and other molecular structures that need to be broken down during the cleaning process prior to **SANITISING**.
- **SANITISING** - Aims to remove any remaining biological contaminants \*1

### What to do next:

**Colour coded Cloths and Floor Mops:**

**RED CLOTHS & MOPS** – Bathrooms, Toilets & Laundries **ONLY**

**GREEN CLOTHS & MOPS** – Kitchens & Food Preparation Areas **ONLY**

**BLUE CLOTHS & MOPS** – Art & Craft Areas **ONLY**

**YELLOW CLOTHS & MOPS** – General Cleaning Areas **ONLY**

Launder in washing machine on a regular basis and avoid washing with the **RED CLOTHS & MOPS**.

**RED CLOTHS AND MOPS**, pre-soak using sanitising powder prior to washing. Avoid washing **RED** with other colours.

### What to use next:

**Germex** – *Germicidal Cleaner and Deodoriser* – used for cleaning and disinfecting **bathrooms, toilets and laundries**

**Mops** – *Neutral Floor Cleaner and Spray and Wipe* – Used for cleaning **all floors and hard surfaces**.

Activate Sanitiser – *Sodium hypochlorite based sanitising solution* – 0.5% w/w for the beginning and end of day, 0.1% w/w for regular use during the day. Use for sanitising change mats, sleep mats and contaminated surfaces.

Refer your Hygiene House Childcare Centre Preschool Kit Plus for a detailed guide to getting started.

\*1 References, 1) Francie Morgan, Infection Control consultant, October 2006, 2) New Zealand Standard Infection Control 8142:2000, 3) APIC infection Control and Epidemiology 2005 Page 116-4, 4) Infection Control in the Childcare Centre & Protocol 1991 Donowitz L P17-19.